The Population of Arwal is Predominantly Rural
While stunting and underweight declines, wasting is increasing among children.

Obesity and Related Morbidities

Obesity is increasing rapidly among women.

*Systolic 160-179  **Systolic ≥ 160mm of Hg
The district needs to do more to help children access an adequate diet.

*Initiating breastfeeding within one hour of birth.
The district showed an improvement, but needs to focus more on antenatal maternal care.

Water and sanitation in the district has improved over last three years.
The number of women who have attended school for more than 10 years has increased in Bihar and women’s hygienic behavior during menstruation has improved.

*The question was asked to women who are between 20 years and 24 years of age.

**Use of sanitary napkin and similar methods.

DATA SOURCE: 1. CENSUS OF INDIA, 2011 District census handbook  2. NATIONAL FAMILY HEALTH SURVEY (NFHS), 2015-2016 and 2018-2019