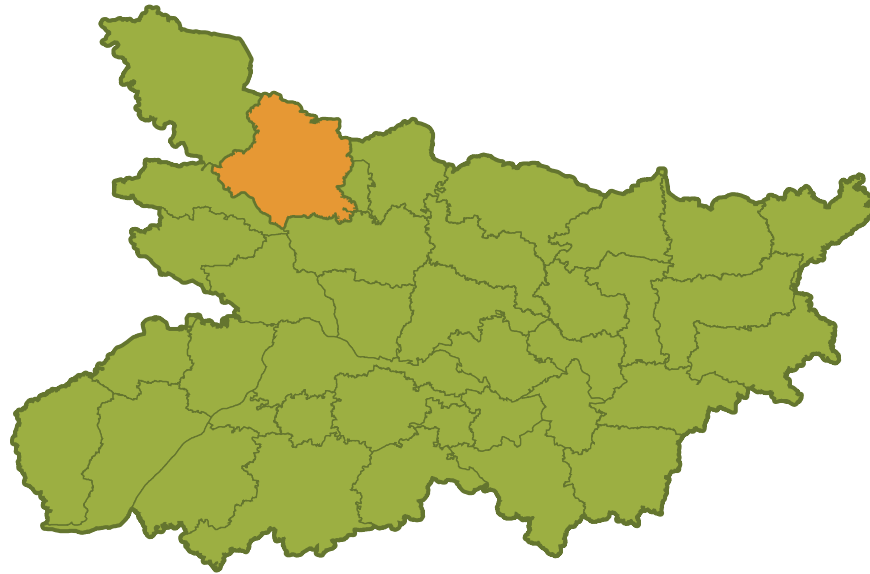
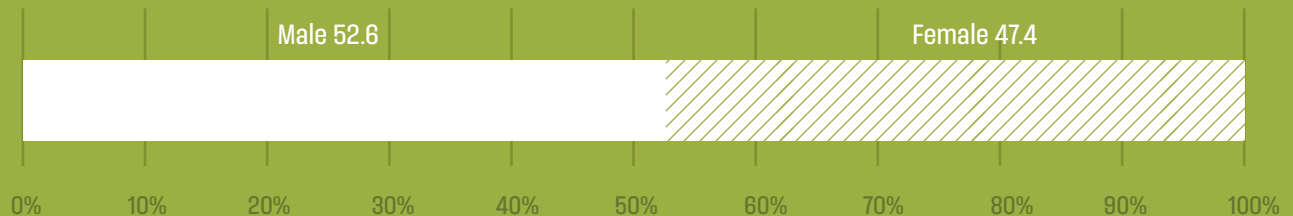




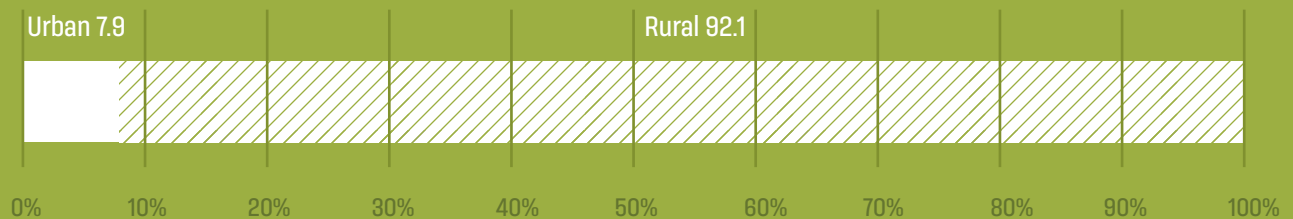
DISTRICT DEMOGRAPHY¹



Total Population 5,099,371

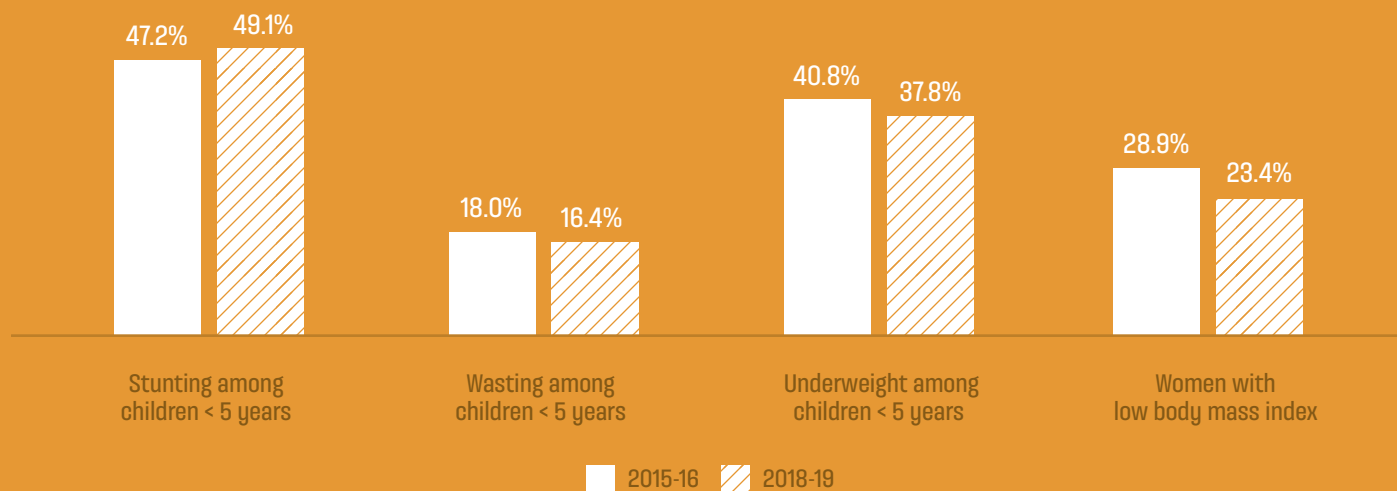


The Population of East Champaran is Predominantly Rural



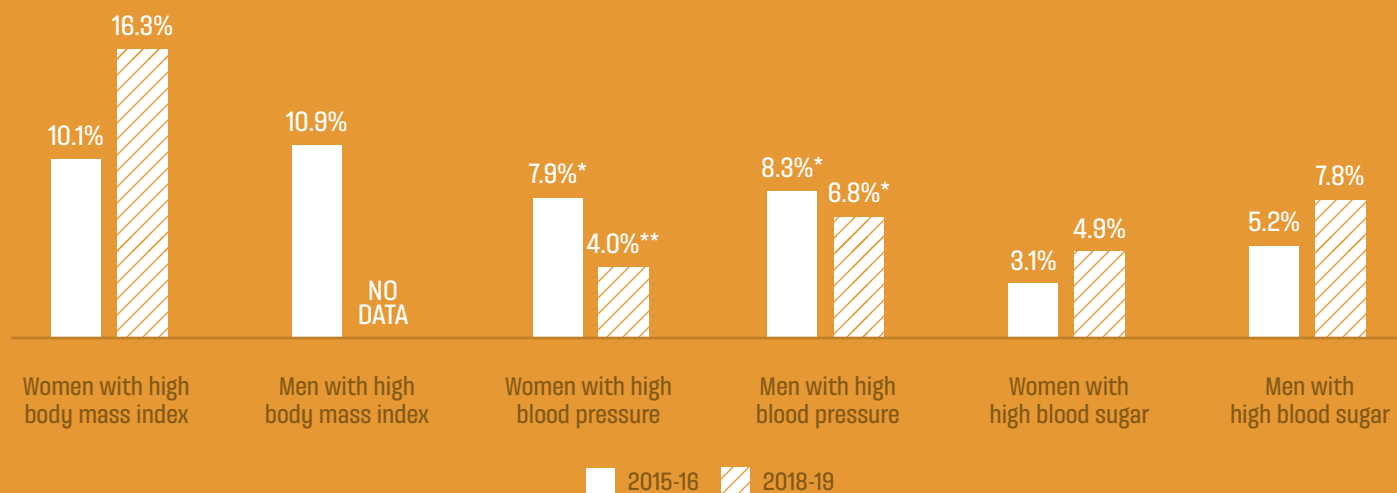
CHILD and ADULT NUTRITION²

Undernutrition



Child stunting has increased in the last three years.

Obesity and Related Morbidities

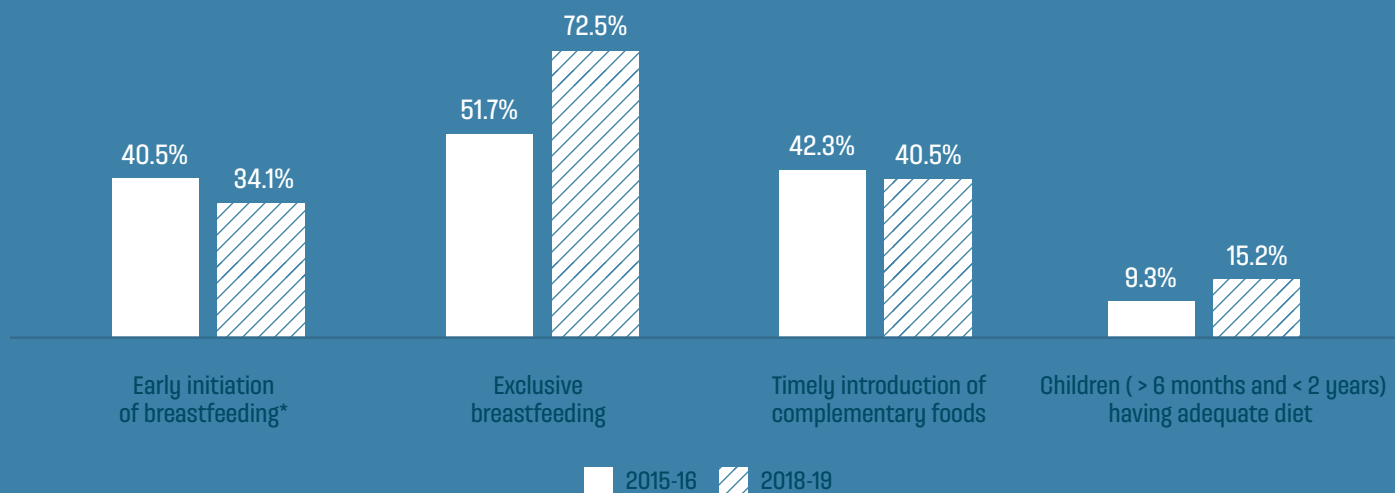


Obesity among women and high blood sugar among adults have increased in the last three years.

*Systolic 160-179 **Systolic \geq 160mm of Hg

INFANT AND CHILD FEEDING PRACTICES²

Breastfeeding and Complementary Foods



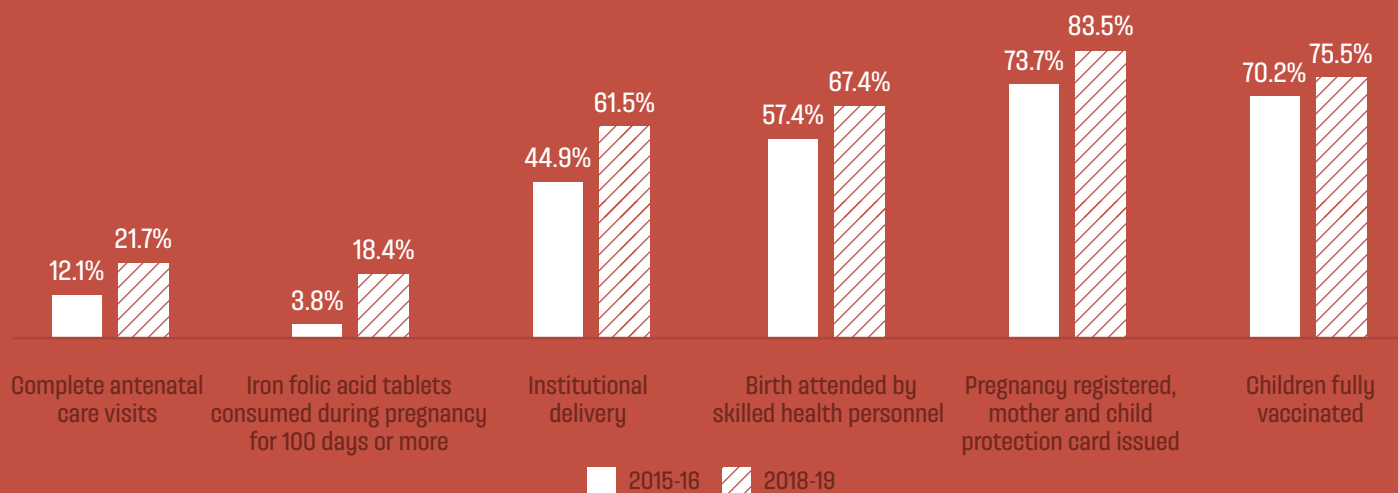
The district needs to do more overall to improve child feeding practices, including early initiation of breastfeeding and adequacy of children's diets.

*Initiating the breastfeeding within one hour of birth.



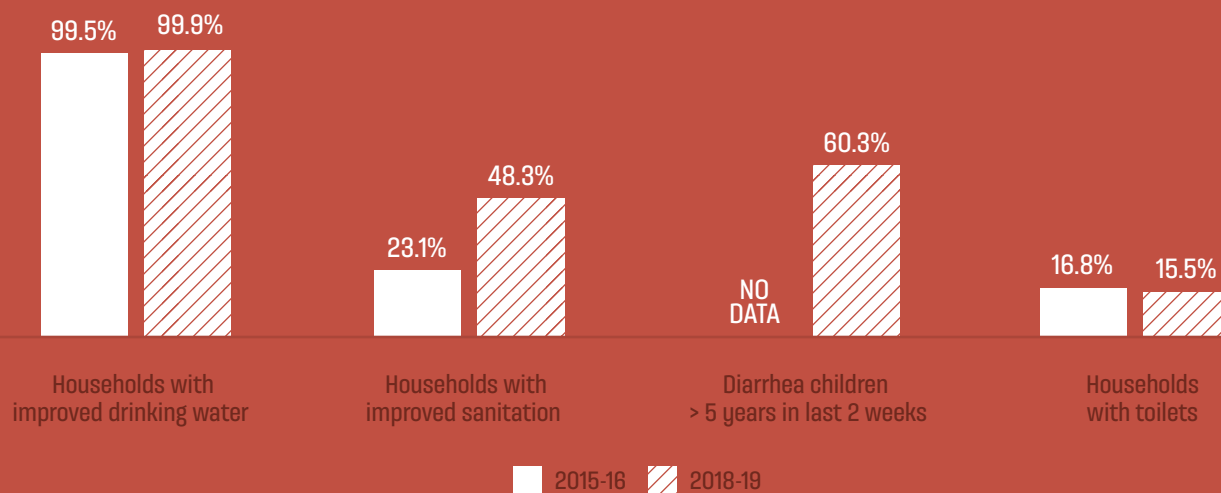
POSITIVE HEALTH BEHAVIOR AND CARE ACCESS²

Health Care Access for Mothers and Children



Though overall maternal and child health has improved, the district needs to focus more on antenatal care.

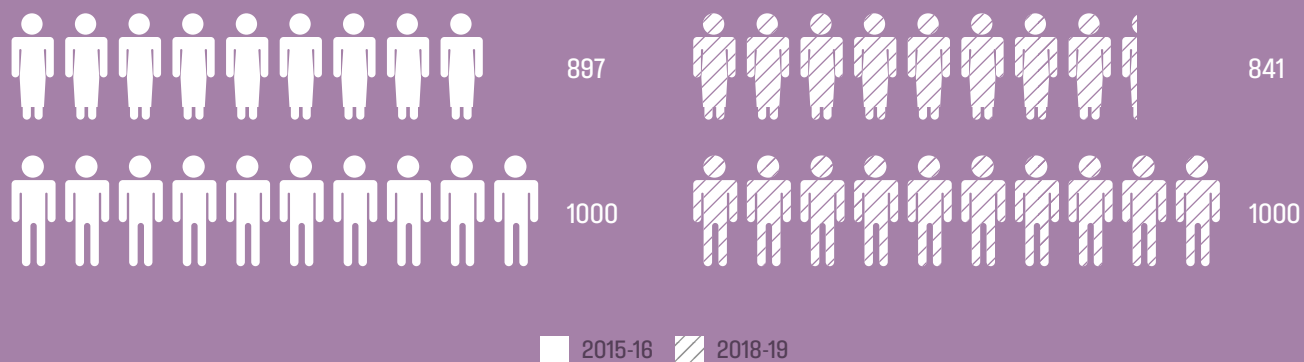
Water and Sanitation



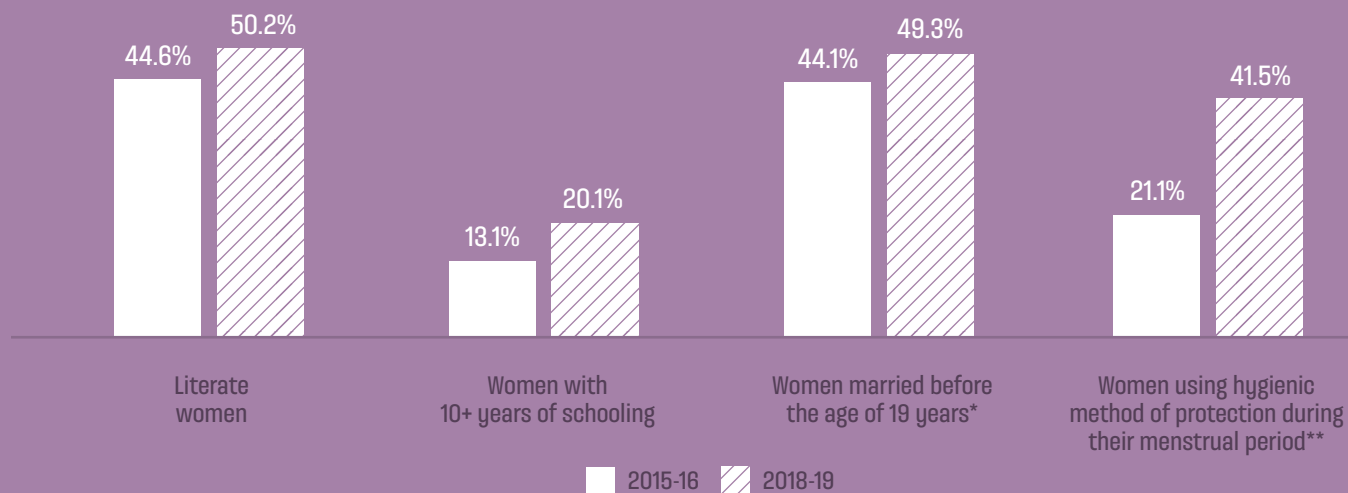
Water and sanitation in the district has improved over last three years.

STATUS OF WOMEN²

Sex Ratio at Birth (Number of females per 1000 males)



Status of Women



The number of literate women and women who have attended school for more than 10 years has increased, along with women's hygienic behavior during menstruation.

*The question was asked to women who are between 20 years and 24 years of age.

**Use of sanitary napkin and similar methods.