DISTRICT DEMOGRAPHY

Total Population 4,487,379

- Male 51.9
- Female 48.1

The Population of Madhubani is Predominantly Rural

- Urban 3.6
- Rural 96.6
Obesity among women and high blood sugar among adults have sharply increased in the last three years.

*Systolic 160-179  **Systolic ≥ 160mm of Hg
The district needs to focus more on the early initiation of breastfeeding and the adequacy of young children's diets.

*Initiating breastfeeding within one hour of birth.
Though postnatal care has improved in the last three years, the district has to do more on antenatal care.

Water and sanitation in the district has improved over the last three years.
The number of literate women and women who have attended school for more than 10 years has increased in the district, along with women’s hygienic behavior during menstruation.

*The question was asked to women who are between 20 years and 24 years of age.

**Use of sanitary napkin and similar methods.

DATA SOURCE: 1. CENSUS OF INDIA, 2011 District census handbook  
2. NATIONAL FAMILY HEALTH SURVEY (NFHS), 2015-2016 and 2018-2019